



PE Newsletter



Club News

In term two there were a total of 15 extra-curricular clubs available to the children with 8 of them being sports clubs. New clubs this term included yoga, table tennis and ball games.

New equipment purchases included three new outdoor netball hoops and metal chains for the two basketball hoops in the Sports Zone playground.





MINI YOUTH GAMES

Place	Schools
1st	St Marys Island
2nd	Academy of Woodlands
3rd	Wainscott
4th	Cliffe Woods
5th	Hempstead
6th	St Margarets
7th	Wings
8th	St Andrews
9th	Fairview
10th	Hoo St Werburgh
11th	Balfour
12th	Luton
13th	St William of Perth

On Thursday 5th October ten children represented the school at the second MYG of the season - basketball. They narrowly lost their first game 8 - 7 to Cliffe Woods followed by a big win of 11 - 4 against St William of Perth. Round three saw another huge win against Balfour 15 - 3 followed by another win, this time 14 - 5 against Fairview. Next was a 6 - 6 draw with Wainscott with a narrow loss of 6 - 4 to St Margarets. This resulted in the team finishing the morning in 4th place in their group. They lost to Wainscott 10 - 8 in the quarter finals, followed by a 10 - 8 loss to Hempstead and finishing with a 9 - 6 victory against St Andrews. This meant the team finished in 7th position overall.



On Thursday 27th November seven children went to Medway Park to compete at the badminton MYG. We started off with a victory against Balfour, Woodlands Academy and Fairview with one loss against St Mary's Island. This meant we went into the afternoon session in the semi-final against a very strong St Andrews team where we lost but then beat St Margaret's in the 3rd/4th playoff meaning the team finished in 3rd position.



Medway Primary Football League

The first match of the season was against Burnt Oak where both teams showed excellent team work and were eager for the first fixture. Swingate won the first fixture 3 - 1 with one goal coming from Mason and two goals coming from Henry - well done to Henry for being man of the match.

The second fixture was against Cedar Primary and both teams put in a good performance with the final score ending 1 - 1. Jake was the scorer for Swingate and an excellent performance from Tucker saw him named as man of the match.



Medway Primary Cross-Country League

The first Medway Primary Cross-country race for Y4s took place at Brompton Westbrook on the 10th December where the seven children below competed against 12 other schools in a 1km race. Elliot was the quickest in the boys race finishing in 8th position, only 21.2s behind the leader and Lyra finishing as the fastest girl in 25th position.





Sports Crew



SPORTS CREW TIMETABLE

Year 6

	Monday	Tuesday	Wednesday	Thursday	Friday
Football			Tucker/Zach/Harvey		
Parachute Games		Kacie/Asia			
Sporting Challenges		Brogan/Jessica	Aaliyah/Ruby	Jana/Riley	
Basketball		Sophie/Ashley		Matilda/Avn	



The parachute game was so fun and the sports leaders were clear when explaining it to us.
Isabelle Y3



Fifteen dedicated Y6 children were trained to become playground leaders to work with the younger children during their playtimes. They received training to lead younger pupils in structured, fun games at lunchtime. The sports leaders have managed to get more younger children actively engaged in activities, the leaders' confidence and self-esteem has risen and we have seen a real buzz around the collaboration

The Playground Leaders were taught skills such as communication, fair play, organising groups/teams and the STEP principle (space, task, equipment, people) and have really shone since starting their duties in term 2.

YR Bikeability

The three reception classes have been working on their cycling and road safety skills taught through a Bikeability program, which include the four core functions of observation, communication, road positioning, and understanding priorities:

Observation: Making frequent observations of your surroundings to identify and react to hazards.

Communication: Communicating your intentions to other road users through hand signals and eye contact.

Road Positioning: Taking the correct position on the road to be visible and safe.

Bike Control: Basic control skills such as pedalling, braking, and steering.





Well done to Alfie in Y3 who went to a Brazilian Ju Jitsu competition and won gold and silver in his two categories, what an amazing achievement!



Well done to Penny for earning medals for Acro and ballet.



Sienna in Y5 showing off her two medals won at her dance competition. She was so proud that she just had to show them off - great job!



Lydon in Y2 earned a medal for competing at a football competition for his team. He was so proud to bring it in and show us.

Amazing Club Achievements

Great job by Skylar in Y5 for her amazing street dance recognition - she always gives 100% in everything she does inside of school and outside of school.



Well done to Elsie C in Y1 for receiving a trophy for helping younger children play tag rugby. She got the coaches player award.



Well done to Penny for earning medals for Acro and ballet.

Congratulations to Amiyah-R in Y1 who received a special medal for her horse riding Halloween event.



Well done to the amazing Sienna in Y2 who won two awards for street dance, coming 3rd in solo and 7th in duo



Grace in hippo class recently completed her 1500m badge. 60 lengths of the pool. We are so proud of her and wanted to share her achievement with





Mya in Y2 showing off her plaque and certificate from her club for her street dancing - we are very proud of you!



Well done to Daisy and Riley in Y4 who earned their grade one gymnastics badge and certificates - great job!



Polly in YR was so excited to show off her certificate she received in gymnastics for completing her first session

Henry was star of the week at his ninja training session, showing excellent concentration and focus



Amazing Club Achievements



Skylar was very happy to receive a certificate and badge for her 7m breast stroke distance this week

Great job by Henry in Y1 who got a "coaches player" trophy for trying his best with rugby and helping other members of his team.



Well done to Ella in Y4 who earned the trophy for being the player of the week at her football club. She showed a lot of hard work/determination and was really excited to receive it.

Well done to Delilah in Y2 who earned her level 5 gymnastics award for demonstrating superb skills on the beam.



Why bring in one medal/trophy when you can bring them all in one go! Well done to Charlie in Y5 for all of his achievements for his football team - great job!



PE Kit Days

Please can you ensure your child wears their PE kit to school on the correct day in term 3. In term 3 children will be taking part in gymnastic lessons developing their strength, technique and flexibility.

KS1 National Curriculum Aims










The main KS1 national curriculum aims covered in the Gymnastics units are:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities.

KS2 National Curriculum Aims

The main KS2 national curriculum aims covered in the Gymnastics units are:

- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

	Class	PE Day
	<u>Lion</u> Mrs	Monday
	<u>Orangutan</u> Mrs Kumar/Mrs Antoncini	Wednesday
	<u>Fox</u> Mrs Payne	Wednesday
	<u>Puffin</u> Mrs Pennington	Thursday
	<u>Capybara</u> Mrs Richards	Wednesday
	<u>Ocelot</u> Miss Thompson	Thursday
	<u>Llama</u> Miss Wilde Hayes	Tuesday
	<u>Quokka</u> Mr Gillett	Monday
	<u>Sloth</u> Miss Fenn	Tuesday

	Class	PE Day
	<u>Peacock</u> Miss Sahota	Swimming
	<u>Toucan</u> Mrs Ginns/Mrs Wright	Friday
	<u>Hippo</u> Mr Dickenson	Wednesday
	<u>Otter</u> Miss Dabb	Monday
	<u>Turtle</u> Miss Nash	Swimming
	<u>Wombat</u> Miss Dent	Thursday
	<u>Panther</u> Mrs O'Connor	Thursday
	<u>Wolf</u> Miss Mckinnon	Thursday
	<u>Jaguar</u> Miss Williams	Friday
	<u>Bison</u> Miss Rokosv	Thursday