

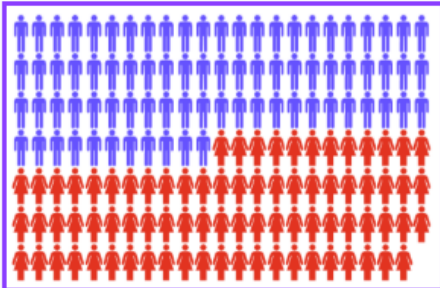


PE Newsletter



Club News

In term one there were a total of eleven clubs (8 sport clubs) run at the school including: gymnastics, basketball, netball, badminton, All sports, hockey, running, football.



There were a total of 80 boys and 80 girls who took part in clubs with basketball club having the most boys (21) and netball club having the most girls (20)



SPORTS TRIALS

Trials took place for running club, football club, badminton club and table tennis club in term one. Thank you to every child that tried out and congratulations to the ones that made it into the teams.





MINI YOUTH GAMES



On Thursday 9th October nine children represented the school at the first MYG of the season - hockey. They were in a difficult group and finished off in last position scoring one goal and conceding twelve goals. The afternoon match was against Balfour where we were beaten 3 - 0. Although the team had a tough day, we are super proud of them all showing the school value of **RESILIENCE** to keep going even when things were not going to the way they wanted to.



POOL B									
Place	Schools	Played	Won	Drawn	Lost	Goal+	Goal-	Diff	Points
1st	St Marys Island Sabres					8	0	8	12
2nd	St Andrews Stars					10	1	9	9
3rd	St Margarets Maples					4	7	-3	6
4th	Luton					1	4	-3	3
5th	Swingate					1	12	-11	0





Well done to Mya-Rose in Y2 for showing off her amazing street dance moves to earn a medal.



Well done to Will in YR for being Ninja Knights star of the week and improving his understanding of all of the gymnastics, parkour and obstacle training required to succeed.



Some of the Swingate girls playing for Lordswood RFC at Medway Minis Rugby Festival. Well done girls!



A very proud Amelia with her certificate for getting a Distinction in her tap exam

Amazing Club Achievements

Well done to Sienna in Y2 who came in third position in her dance competition.

Another dance comp for Myla who came 1st in her duo and 1st in her team with Isabelle and Annie from Swingate too.



Wow we are so super proud of Archie for running a mile. It was at Greenwich park and organised by the London Marathon people!

Wow, well done to Noah in YR for achieving his level 1 swimming badge.

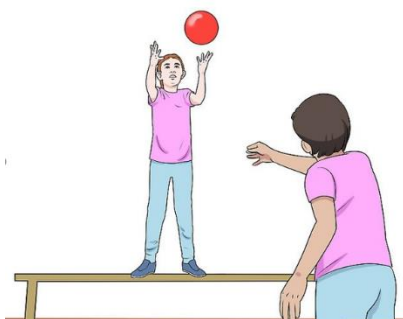
Well done to Bobby M in Y2 who was player of the week at his football club and received the following trophy - keep up the good work!



Ball Games

In term two we will be taking part in ball skills during the curriculum lessons which includes dodgeball, handball and bench ball. The PE focus will be on team work, where one child will be chosen from each class to receive a certificate who has worked outstandingly well in a team. Below shows the expectation of how children will develop and progress from year 1 to year 3 to year 6.

<p>I am showing good team work (composite focus)</p> <ul style="list-style-type: none"> • I show patience and respect to my class mates • I say positive things to cheer on my team mates • I work well with others
I can throw a ball with some accuracy at a target
I can throw a ball with some power at a target
I know that different size/material of balls affects how they move when thrown
I am able to catch a ball with two hands
I am confident when taking part in simple games
I am able to keep my balance when throwing and receiving a ball
Key Vocabulary
Overarm throw, underarm throw, power, accuracy, plastic, sponge, rubber, catching, passing, shoot, balance, control, movement.






















<p>I am showing good team work (composite focus)</p> <ul style="list-style-type: none"> • I can give positive praise to my team mates • I work well in group activities • I listen to my team members
I can begin to develop different ways to dodge the ball in isolation and replicate in a game situation
I am starting to understand the rules of bench ball, handball and dodgeball
I am able to follow an opponent and try to win (intercept) the ball
I can use the skills practiced in previous lessons during a competitive game
I am starting to develop tactics for attacking and defending
I can mostly use running, jumping, throwing and catching in isolation and in combination
Key Vocabulary
Overarm throw, underarm throw, power, accuracy, catching, passing, shooting, balance, control, movement, feet position, attack, defend, extending hands, dodging, angle of throwing, understanding rules, dodgeball, handball, bench ball, dodge, duck, side stepping.

<p>I am showing good team work (composite focus)</p> <ul style="list-style-type: none"> • I can communicate effectively to get the best out of my team mates • I can include all of my team mates in the game e.g. passing to the less dominant players • I am confident at implementing team tactics to help succeed
I can give constructive advice to help a team mate improve their play
I can implement a range of tactics to help my team win
Children are showing good decision making - Should I pass, jump shot, fake throw, move into space, defend, attack?
I can use techniques learnt in a game situation and I have an understanding of key rules
I can adapt the key skills learnt into variations of games e.g. four-way dodgeball
I can self-evaluate my performance to make adjustments and improve
Key Vocabulary
Power, accuracy, catching, passing, shooting, balance, control, movement, feet positioning, attack, defend, extending hands, dodging, angle of throwing, understanding rules, dodgeball, handball, bench ball, tactics, communication, positioning, decision making, fake throw, jump throw, constructive criticism.



PE Kit Days

Please can you ensure your child wears their PE kit to school on the correct day in term 2. Thank you for your continued support.

	Class	PE Day		Class	PE Day
	<u>Lion</u> Mrs Varley	Monday		<u>Peacock</u> Miss Sahota	**Wednesday
	<u>Orangutan</u> Mrs Kumar/Mrs Antoncini	Wednesday		<u>Toucan</u> Mrs Ginns/Mrs Wright	Friday
	<u>Fox</u> Mrs Payne	Wednesday		<u>Hippo</u> Mr Dickenson	Wednesday
	<u>Puffin</u> Mrs Pennington	Thursday		<u>Otter</u> Miss Dabb	*Monday
	<u>Capybara</u> Mrs Richards	Thursday		<u>Turtle</u> Miss Nash	**Monday
	<u>Ocelot</u> Miss Thompson	Wednesday		<u>Wombat</u> Miss Dent	*Thursday
	<u>Llama</u> Miss Wilde-Hayes	Tuesday		<u>Panther</u> Mrs O'Connor	*Wednesday
	<u>Quokka</u> Mr Gillet	Monday		<u>Wolf</u> Miss Mckinnon	Thursday
	<u>Sloth</u> Miss Fenn	Tuesday		<u>Jaguar</u> Miss Williams	Thursday
				<u>Bison</u> Miss Rokosz	Friday

*The following year 5 classes will have swimming on Wednesday 29th October, Wednesday 5th November, Wednesday 12th November and Wednesday 19th November so will only come into school in their PE kit from the week beginning 24th November.

**The following year 5/4 classes will come into school in their PE kits on Wednesday 29th October, Wednesday 5th November, Wednesday 12th November and Wednesday 19th November and will bring in their swimming kits from the week beginning 24th November (they will not come into school on any day in their PE kit from this date).